

Teacher Notes

Summer Seasonal Produce



Use the [Eat Well Tasmania](#) website to view which products are in season in Tasmania.

Choose a product to discuss with your students. Perhaps raspberries, strawberries, snow peas, peas or tomatoes.



Discuss:

- Is the product a fruit or vegetable?
- How does it grow? (underground, bush, vine etc)
- Which part of the plant do we eat? (e.g. Fruit, Stem, Root, Leaf)
- Who has tasted it?
- Who likes it already?
- Who is still learning to like it? (rather than saying doesn't like it, our taste buds change with time so our tastes are always changing!)

You might be able to find a brief [video](#) about your chosen product

Student activity ideas:

Tasting

If you are able to bring some of this produce into the classroom, students can try it. You might like to discuss the taste, texture, smell of the food.

Designing

Students can come up with a dish or a product to use this produce. Encourage them to be creative and come up with something new. What other flavours or textures might combine well with it?

Name: _____

MY Summer Seasonal Plate



December in Tasmania is the start of which season?

The warmer weather means many plants grow well and begin to fruit or are ready to harvest.

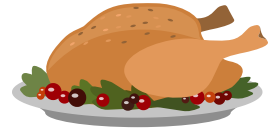
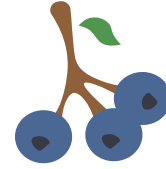


What foods are in season in December in Tasmania?

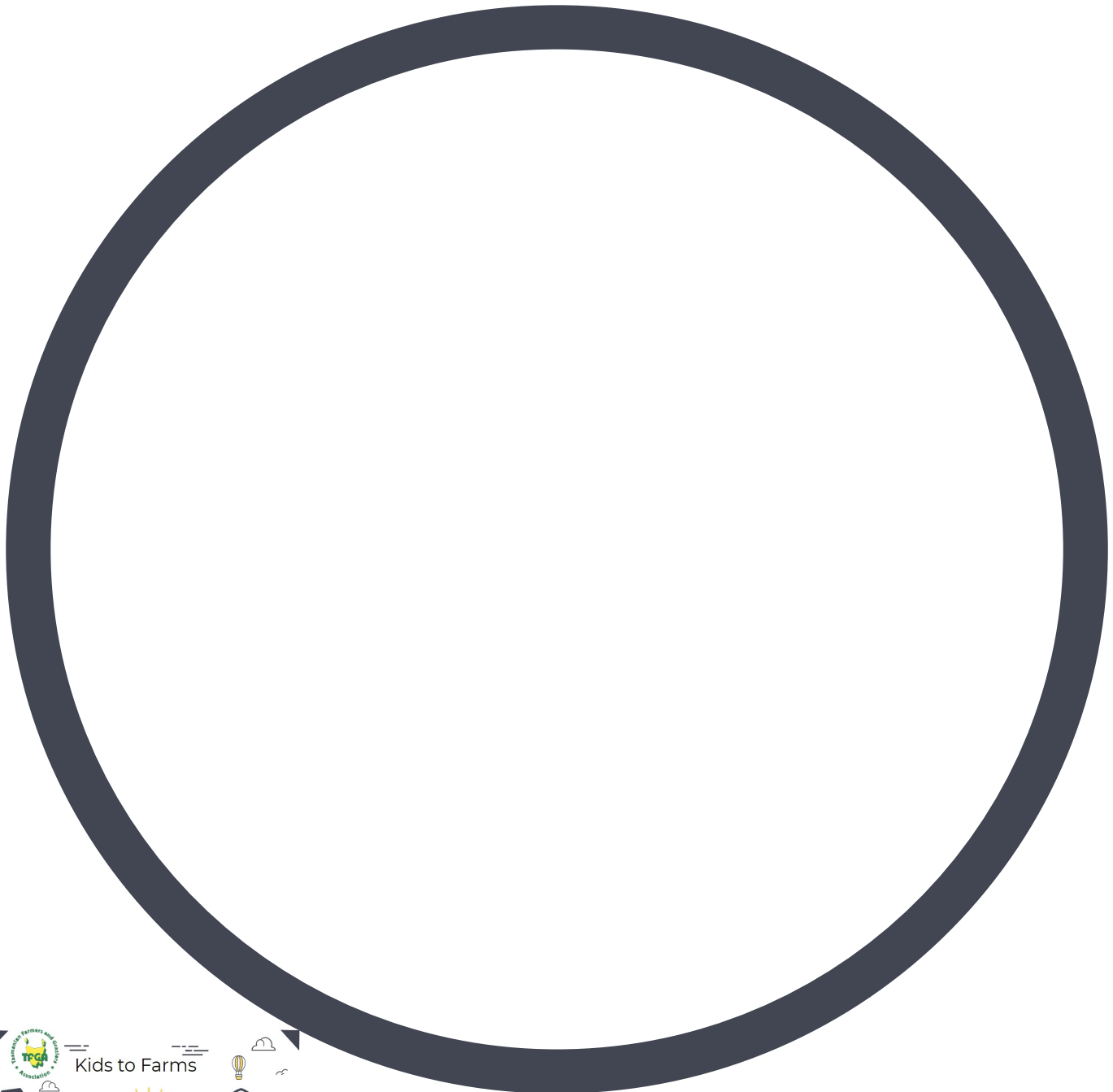
In our family we like to eat these things during summer

Name: _____

MY Summer Seasonal Plate



Draw what you would like your summer plate to look like!



Name:



Farmers often have a lot of produce all ready at once, and sometimes need to come up with new ideas for what they can make with it. This helps them prevent food waste and brings them some extra income.

Design a new product idea

My product is called

Tell us about your product

What ingredients will go into your product?

Name: _____



MY



New Product



Design a logo or label for your product.

