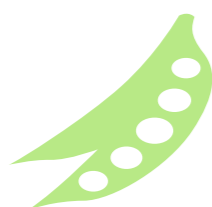




# Kids to Farms

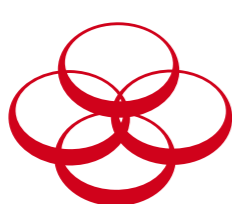


## Support for school kitchen gardens



### How to get started

[Garden inspiration from life education](#)  
[Healthy Kids Association](#)



### Relevant organisations to team up with

[Stephanie Alexander Kitchen Garden](#)  
[OzHarvest Feast Program](#)



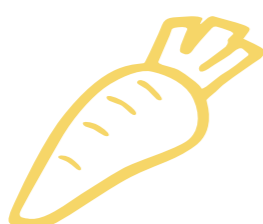
### Professional Learning Opportunities

[Stephanie Alexander Kitchen Garden training](#)  
[CSIRO Taste and Learn](#)  
[Video – linking canteen to classroom](#)



### Resources

[Woolworth Discovery Garden Kit](#)  
[Australian Guide to Healthy Eating](#)  
[SA curriculum kit – growing food](#)  
[Phenomenon](#)



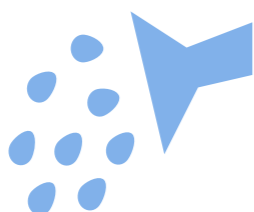
### Grants

[2021 Woolworth Junior Landcare Grants](#)  
[OzHarvest Feast Program](#)  
[Life Education](#)  
[Bunnings](#)



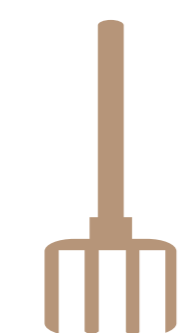
### Events

[Urban Agriculture month April 2021](#)



### School stories for inspiration

[Moonah Primary School](#)  
[Risdon Vale Primary School](#)  
[Kitchen garden in school time – Kempton Primary](#)  
[Moonah Primary – linking garden to canteen story](#)



### Excursion site ideas, to inspire and learn more!

Spring Bay Mill  
Government House  
Royal Tasmanian Botanical Gardens  
Mount Gnomon Farm

[Contact us](#) at Kids to Farms for a list of excursion sites and their contact details.



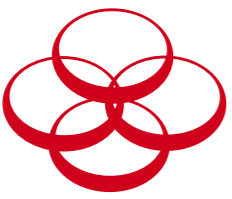
# Kids to Farms



## Support for school kitchen gardens



Planning your food garden – Information from Junior Landcare



Planning is a very important stage for your garden, to ensure success. The links below will assist you to do this.

[Creating a Vision](#)  
[Site assessment and mapping](#)



[Making a Wicking Bed](#) – Junior Landcare

Wicking beds use a water reservoir and the capillary action of soil to supply water to plants from below, and can be built from a variety of different materials. The bed featured in our learning activity is made out of a halved IBC tank, but they can be made out of an old bath, halved barrel, upside-down fridge or some other vessel. Making a large wicking bed is a great way to save water and grow a productive vegetable garden, and can often be found in kitchen gardens, household vegetable patches and learning centres.



[This link](#) provides instructions, videos and curriculum links for this activity. If you are only interested in creating a [small wicking bed this link](#) will help you.



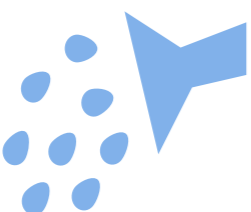
[Sowing Seeds](#)

Engage young learners' senses as they grow food from a seed. They can learn about caring for a living thing, experience the joy of watching something grow and harvesting healthy edible food. The activity provides opportunities for development of science, sustainability and maths concepts.



[Planting](#)

Planting seedlings is one of the most satisfying tasks as it helps to bring your food garden to life relatively quickly. Understanding the best location and conditions for your plants, taking good care, and documenting what you plant will help to grow a productive garden. Advance preparation of your garden bed, being ready with suitable plants, and working in teams will help this be an effective and efficient activity



[Harvesting](#)

Harvesting your produce at the right time will enable you to get the most out of it and ensure that you can reduce waste.

[Stephanie Alexander Kitchen Garden Program Journey Map](#)

